

**SAN RAMON SURGERY CENTER
200 PORTER DRIVE, SUITE 100
SAN RAMON, CA 94583
925-838-6880**

**POSTOPERATIVE INSTRUCTIONS
ANESTHESIA**

DO NOT DRIVE OR OPERATE MACHINERY FOR 24 HOURS.

Some anesthetics have delayed metabolism and can interfere with the ability to perform these tasks.

DO NOT DRINK ALCOHOLIC BEVERAGES FOR 24 HOURS.

DO NOT MAKE IMPORTANT DECISIONS OR SIGN LEGAL DOCUMENTS UNTIL THE NEXT DAY.

DO NOT EAT HEAVY OR LARGE MEALS UNTIL THE NEXT DAY.

A heavy meal may be difficult to digest. Spicy and greasy foods should be avoided.

DO NOTIFY PHYSICIAN IF YOU HAVE NOT VOIDED WITHIN SIX HOURS.

If something seems wrong or out of the ordinary, please contact your physician.

CALL PHYSICIAN IMMEDIATELY IF YOU:

- ✓ Observe excessive bleeding, drainage, redness, or swelling;
- ✓ Develop unexpected numbness, coldness, or change of color at operative site;
- ✓ Have extreme pain not relieved by prescribed pain medication, or a medication causes a reaction;
- ✓ Notice a foul odor emanating from surgical site, or have a temperature of 101°F or higher.
- ✓ If it is an emergency and you cannot reach your physician, go to the nearest emergency room or dial 911